Coronavirus and contact arrangements – template letter – if someone has symptoms

Dear [NAME]

I am writing to you about child contact arrangements during the Coronavirus pandemic. The Government has put restrictions in place on everyone and we are all told we must comply with the guidance.

The most recent Government guidance can be found here: www.gov.uk/coronavirus.


In the circumstances, we will have to make some changes to the current contact arrangements for [CHILD]. I would like to work with you to agree alternative arrangements and I propose that for this short period, face to face contact is replaced with:

- [INSERT ALTERNATIVE ARRANGEMENTS WITH TIMINGS, DATES AND DETAILS].

We will need to keep the situation under constant review as the Government guidance changes but I suggest we look at it again by [DATE] at the latest.

This is a difficult time and it is important that [CHILD] is able to stay in contact with you but we have to follow the guidance to keep everyone safe.

Please can you email me back by [DATE] to confirm that you agree to these changes.

[YOUR NAME]